

Holy Helpers

Mother Mary

Our Mother in Heaven

She Said Yes to God!



Catholic Sunday School



This book belongs to:

Meet Mother Mary!

Blue mantle

Blue like the sky

Golden halo

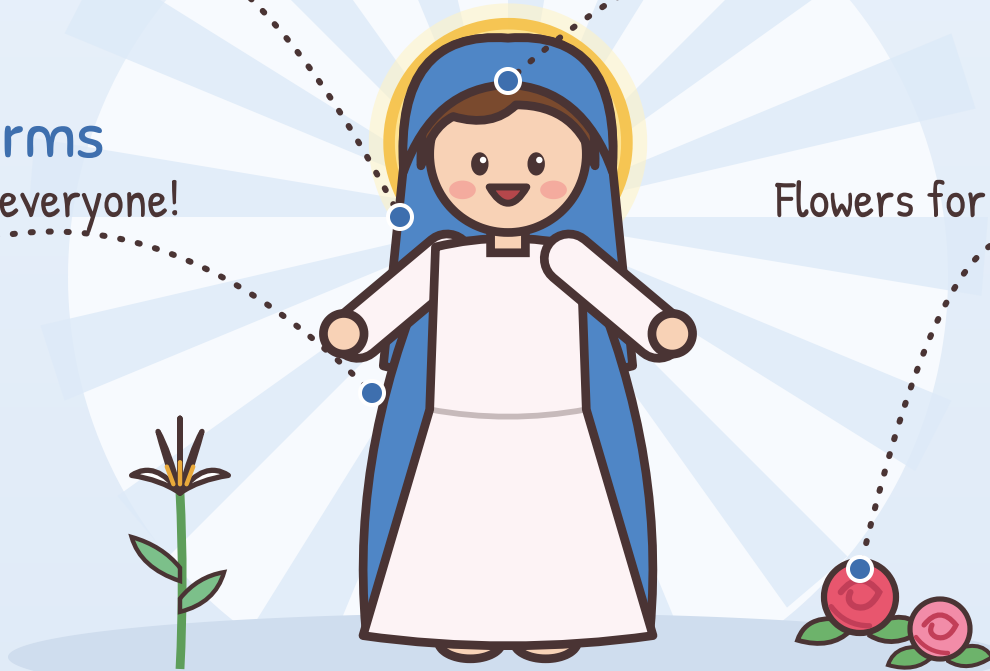
She is full of grace

Open arms

She loves everyone!

Roses

Flowers for our Mother



Mary is the mother of Jesus, and our mother in Heaven too! She said yes to God with all her heart, and she loves each of us like her very own child.

Jesus' mom, and ours too!

Follow Mother Mary!

Let's follow Mary as she says yes to God.



Story 1

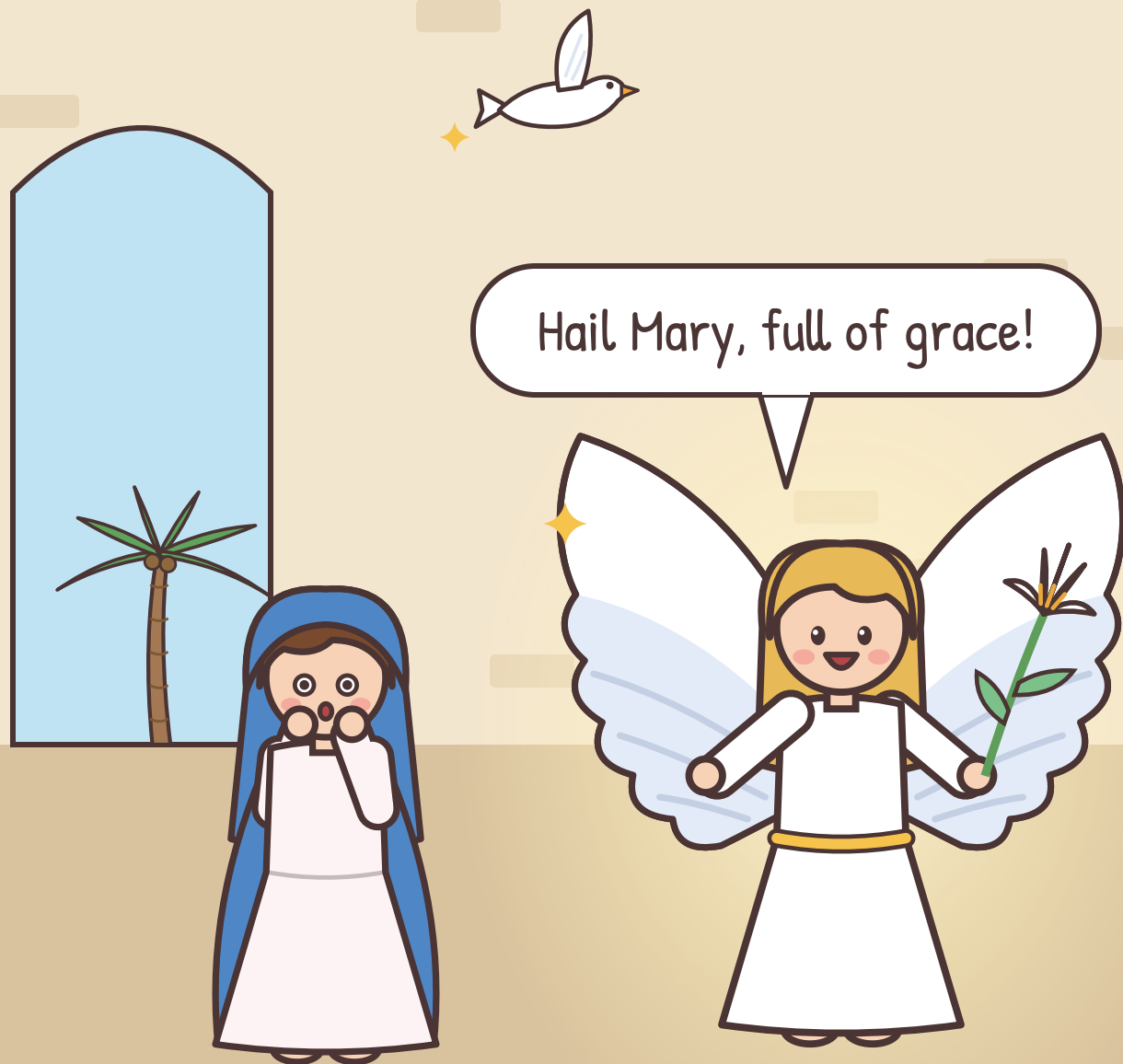
The Angel's Big News

📍 Nazareth



Long ago, in Nazareth, lived a kind young woman named Mary. She loved God very much. One day, the angel Gabriel came to visit her!

"Hail Mary, full of grace!" said the angel. "God has chosen you to be the mother of His Son. You will name Him Jesus." (Luke 1:28-31)



Mary said, "Yes! I am the Lord's servant. Let it be done as you have said." The angel went away full of joy.



LET US PRAY

Dear God, help me to say yes to You, just like Mary.

Story 2

A Happy Visit

📍 The hill country of Judea



Mary heard that her cousin Elizabeth was going to have a baby too! So she hurried over the hills to help her.

When Elizabeth heard Mary's hello, the baby inside her jumped for joy! Mary sang a happy song: "My soul praises the Lord!"



LET US PRAY

Mother Mary, help me to hurry to help others.

Story 3

A Baby in a Manger

📍 Bethlehem

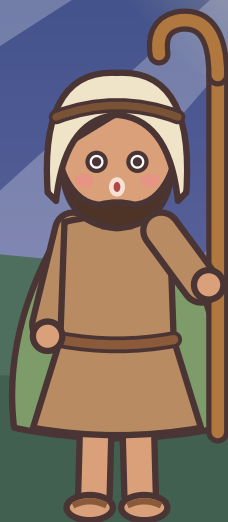


Mary and Joseph traveled to Bethlehem. There, in a little stable, Mary's baby was born! She wrapped Him in soft cloths and laid Him in a manger.

Angels filled the night sky, singing, "Glory to God in the highest!" Shepherds came running to see the newborn King.



Glory to God!



Mary held her baby close. She kept all
these wonderful things in her heart.



LET US PRAY

Mother Mary, thank you for giving us Jesus!

Story 4

The Wedding Party

📍 Cana



Mary and Jesus were invited to a wedding party in Cana. There was music, dancing and yummy food!

Oh no, the wine ran out! Mary noticed, and she told Jesus. Then she said to the servants, "Do whatever He tells you." (John 2:5)

Do whatever
He tells you.



Jesus told them to fill six big jars with water. And the water turned into the very best wine! It was Jesus's first miracle.



LET US PRAY

Mother Mary, help me to do whatever Jesus tells me.

Story 5

Our Mother, Too

📍 Jerusalem



Mary loved Jesus His whole life long. Even on the saddest day, when Jesus died on the cross for us, Mary stayed close to Him. Jesus said to His friend John, "Here is your mother."

Three days later, Jesus rose to new life! Mary's heart was filled with joy. Alleluia! And from that day on, Mary is our mother too.



LET US PRAY

Mother Mary, thank you for being my mother too.

Story 6

Queen of Heaven

📍 Jerusalem and Heaven



Mary prayed with Jesus's friends. Then the Holy Spirit came upon them like little flames of fire! Mary helped them to be brave and to share the Good News.

When Mary's life on earth was over, God took her,
body and soul, up to Heaven. The angels sang for joy!



Jesus crowned His mother Queen of Heaven and earth.
Now she listens to our prayers and brings them to Jesus.



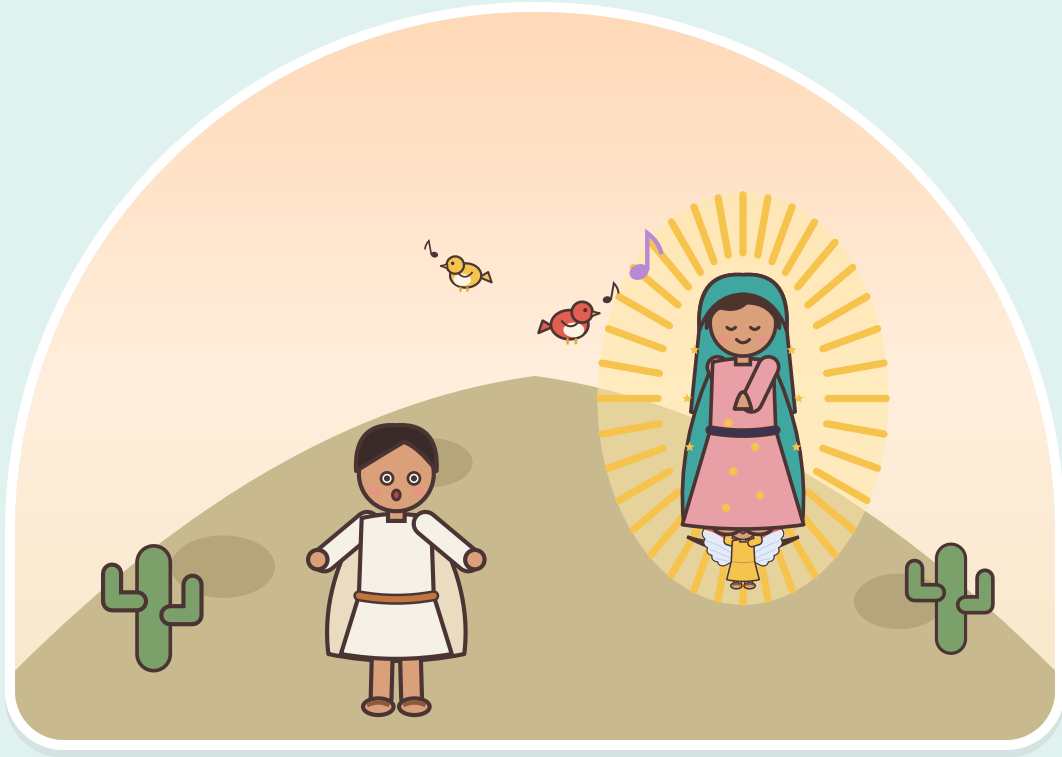
LET US PRAY

Holy Mary, Mother of God, pray for us!

Story 7

Roses in Winter

📍 Tepeyac Hill, Mexico · 1531



Many years later, in Mexico, a humble man named Juan Diego was walking up a hill. He heard birds singing, and he saw a beautiful Lady, shining like the sun!

The Lady said she was the Mother of God, and she asked for a church to be built. The bishop wanted a sign, so the Lady sent Juan Diego to pick roses on the hilltop, in the middle of winter!



Juan Diego carried the roses to the bishop in his cloak. When he opened it, roses tumbled out, and there was a beautiful picture of Mary on his cloak! You can still see it today.



LET US PRAY

Our Lady of Guadalupe, hold me close like your little child.



Let's Pray the Hail Mary

The angel's words, and ours too!

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen.**

A little prayer for little ones

Mother Mary, sweet and mild,
hold me close, your little child.
Help me say yes to God like you,
and love your Son, Jesus, too! **Amen.**

Pray the Rosary!

Say a Hail Mary for each little bead you color.



Be Like Mary!

Color in a rose each time you do it!



I can say yes when God asks.



I can hurry to help someone.



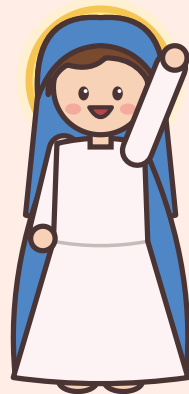
I can notice when
someone needs help.



I can be gentle and kind.



I can pray a Hail Mary!



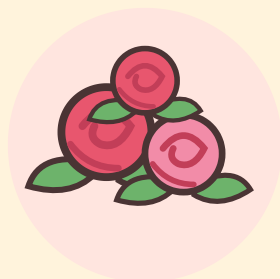
Mary's Special Day



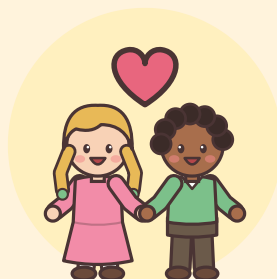
Mary has lots of special days! On January 1, the Church celebrates Mary, the Mother of God. Here are some fun ways to celebrate!



Pray a Hail Mary



Bring flowers to Mary

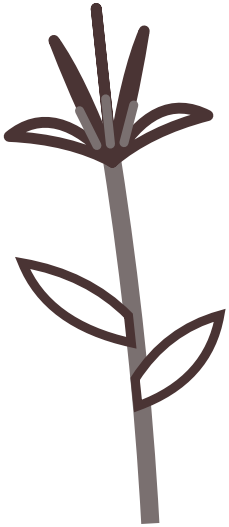
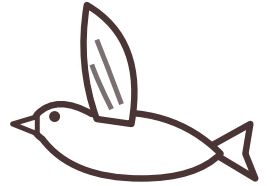
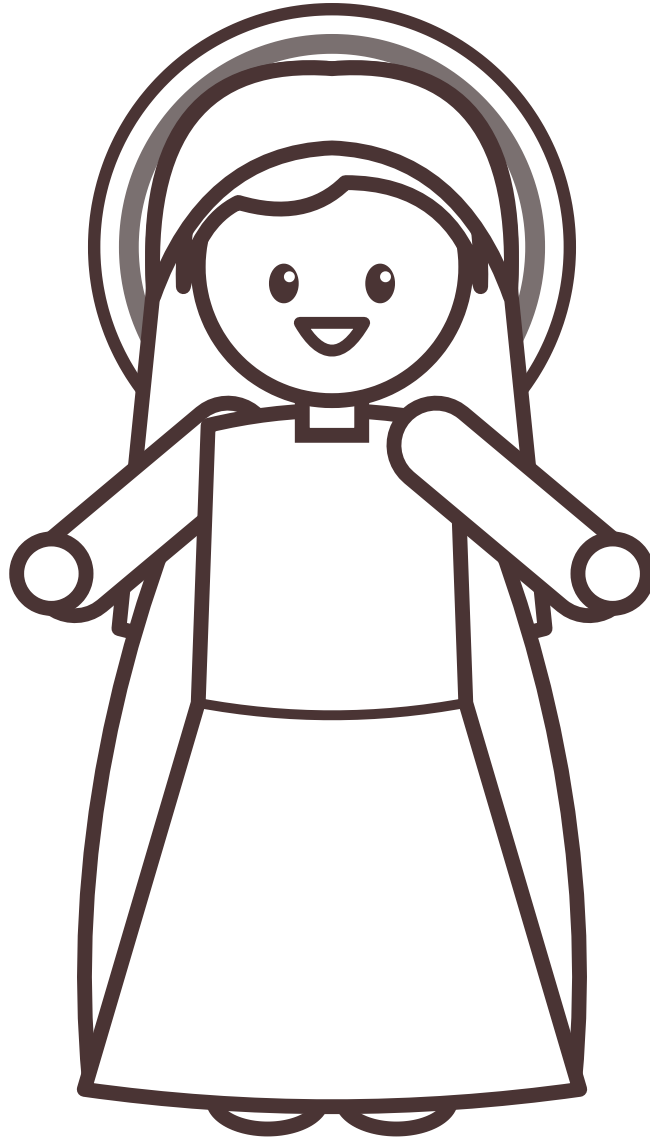


Give someone a big hug



Sing a song for Mary

Color Mother Mary!



Mary loves you!

She is your mother too!



Mary said yes to God, and she always leads us to Jesus.
When you pray, help and love like her, you make
her heart glad. Mother Mary is holding you close!

Dear Jesus, thank You for giving us Your mother. Mother Mary,
pray for me. Amen.

For Grown-Ups

Where these stories come from: the Gospels, the Acts of the Apostles and the Church's tradition about Mary, retold here simply and gently for young children.

1. **The Angel's Big News.** Luke 1:26–38, the Annunciation. Gabriel's greeting, "Hail, full of grace, the Lord is with you," opens the Hail Mary, and Mary's answer, "Let it be done to me according to your word," is her great yes.
2. **A Happy Visit.** Luke 1:39–56, the Visitation. Elizabeth's greeting, "Blessed are you among women," and John leaping in her womb; Mary's song of praise is the Magnificat. Tradition places Elizabeth's home at Ein Karem, near Jerusalem.
3. **A Baby in a Manger.** Luke 2:1–20. "Mary kept all these things, pondering them in her heart" (2:19).
4. **The Wedding Party.** John 2:1–11. At Mary's word, "Do whatever he tells you," the servants filled six stone jars with water, which Jesus turned into wine: the first of his signs.
5. **Our Mother, Too.** John 19:25–27: from the cross Jesus entrusted Mary and the beloved disciple to each other ("Behold your son... Behold your mother"), and the Church has always seen in this Mary's motherhood of all believers. We have kept this page gentle for young readers. The Resurrection: Matthew 28, Luke 24.
6. **Queen of Heaven.** Acts 1:14 and 2:1–4: Mary prayed with the apostles before Pentecost. The Assumption (feast August 15) was defined by Pope Pius XII in 1950; the Queenship of Mary is celebrated on August 22.
7. **Roses in Winter.** In December 1531, Our Lady appeared to St. Juan Diego on Tepeyac hill near Mexico City and asked for a church. When Bishop Juan de Zumárraga asked for a sign, Juan Diego gathered roses in winter in his tilma, which was found to bear her image; it hangs today in the Basilica of Our Lady of Guadalupe. Her feast is December 12. Other feasts of Mary include January 1 (Mary, Mother of God) and December 8 (the Immaculate Conception).



Mother Mary,
pray for us!

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